



A Program of InsideOut Literary Arts

## Workshop Title: Bad Birds

Level: **Novice Writers**, Developing Writers, Experienced Writers

Duration: **1.5 hrs**

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**(15 mins) Check in:** Describe your natural habitat in detail, For example: the part of my couch where the chaise meets the rest of it, is my natural habitat, always covered in a blanket, usually holding a device, eating popcorn or chocolate.

**(15 mins) Resource Building:**

- If you created a Frankenstein animal, what animalistic features would it have? Would it be fast like a cheetah, smart like a dolphin, or both? What else?
- List 3 animals that represent who you are today.
- List 3 animals that represent who you are becoming.

**(20 mins) Example poem: -**

- Read both before discussing
  - Jamaal May - "There are Birds Here" (See attached)
  - Mary Oliver - Wild Geese (See attached)
- Discussion
  - How are the birds in each poem different?
  - What kind of work are the birds doing? Why birds?
  - Jamaal May's poem is in first person; Mary Oliver's is in second person. Why? How do you know whether you want to write in first or second person? How does changing the point of view affect the message?

**(20 mins) Prompt:**

- Select a line from one of today's example poems to use as the first line of your poem. Use one animal to symbolize multiple values in your life.

OR

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# City Wide Poets

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- Write a letter to “future you” about the jungle that is high school/middle school/adolescent life.
- **Online Sharing Options**
  - (10 mins) allow 2 - 3 students to share their work
  - (10 mins) create share-groups of 3 or 4 students. Students should share work among themselves privately (email, google drive, text, etc.)
  - (10 mins) allow all students to share 1 - 3 lines from their writing. Speed is key!

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## EXAMPLE WORK

“There Are Birds Here” By Jamaal May

*For Detroit*

There are birds here,  
so many birds here  
is what I was trying to say  
when they said those birds were metaphors  
for what is trapped  
between buildings  
and buildings. No.  
The birds are here  
to root around for bread  
the girl’s hands tear  
and toss like confetti. No,  
I don’t mean the bread is torn like cotton,  
I said confetti, and no  
not the confetti  
a tank can make of a building.  
I mean the confetti  
a boy can’t stop smiling about

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and no his smile isn't much  
like a skeleton at all. And no  
his neighborhood is not like a war zone.  
I am trying to say  
his neighborhood  
is as tattered and feathered  
as anything else,  
as shadow pierced by sun  
and light parted  
by shadow-dance as anything else,  
but they won't stop saying  
how lovely the ruins,  
how ruined the lovely  
children must be in that birdless city.

“Wild Geese” by Mary Oliver

You do not have to be good.  
You do not have to walk on your knees  
for a hundred miles through the desert repenting.  
You only have to let the soft animal of your body  
love what it loves.  
Tell me about despair, yours, and I will tell you mine.  
Meanwhile the world goes on.  
Meanwhile the sun and the clear pebbles of the rain  
are moving across the landscapes,  
over the prairies and the deep trees,  
the mountains and the rivers.  
Meanwhile the wild geese, high in the clean blue air,  
are heading home again.  
Whoever you are, no matter how lonely,  
the world offers itself to your imagination,  
calls to you like the wild geese, harsh and exciting -

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over and over announcing your place  
in the family of things.

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